



DEPARTMENT OF THE NAVY
COMMANDING OFFICER
NAVAL AIR STATION LEMOORE
700 AVENGER AVENUE
LEMOORE CA 93246-5001

IN REPLY REFER TO:
NASLEMINST 5370.3C
N00
17 OCT 2022

NAS LEMOORE INSTRUCTION 5370.3C

From: Commander, Naval Air Station Lemoore

Subj: CHILD SELF-CARE POLICY

Ref: (a) DoDI 6060.04
(b) SECNAVINST 1752.3B
(c) CNICINST 1710.3
(d) California Vehicle Code 15620 (*Kaitlyn's Law*)
(e) California Vehicle Code 27360
(f) California Vehicle Code 27363

Encl: (1) Child Supervision Age Matrix
(2) Checklist Before Leaving Children (Under 18) Home Alone
(3) Self- Release Form CNICCYP 1700/54

1. Purpose. This policy, formerly known as the "Policies For Minors," establishes policies and guidelines for curfews and unsupervised children onboard Naval Air Station Lemoore (NASL) installation and/or NASL facilities as required by references (a) through (c). These supervision policies are promulgated to prevent child neglect and promote safety. A violation of this policy subjects military personnel to disciplinary action under the Uniform Code of Military Justice and/or loss of on base housing privileges.

2. Cancellation. NASLEMINST 5370.3B.

3. Scope and Applicability. This instruction applies to all military personnel, their family members, civilian personnel, and all other personnel employed or while using facilities at NASL, including tenants. Sponsors (military or civilian) are responsible for their family members and guests onboard NASL. Curfews are applicable to all minors (children under the age of 18) and youth who have not graduated high school onboard NASL. This instruction is applicable to neurotypical children. Parents of neurodivergent children (e.g. Autism, ADHD, dyslexia, etc.) use your best judgment within the parameters outlined in this instruction.

4. Parent/Guardian Responsibility. The health, welfare, and safety of children are a parental responsibility. Parents/guardians are ultimately responsible for providing care and supervision of their children that is appropriate for their physical and emotional capabilities.

5. Emergency Responders. NASL Security Detachment, Federal Fire, or other emergency responders retain the responsibility to assess any situation where a minor is left unattended,

regardless of age, and take appropriate action if deemed necessary to protect the well-being of the minor.

6. Supervision Guidelines. The following minimal guidance are provided. Parents must not rely only on the age of their child, but also consider their child's level of maturity, responsibility, and preparation for self-care. These policies are minimum standards, and parents/guardians should assess their children individually, and if necessary, raise the age limits. For a more comprehensive break-out of all age groups, refer to enclosure (1).

a. Children age 6 and younger must be directly supervised by a parent/guardian or alternate caregiver at all times. Direct supervision is defined as maintaining line of sight and the ability to verbally communicate with their children. Children under age 7 may not walk to/from school without an adult.

b. Children age 7–9 require close supervision by a parent/guardian or alternate caregiver. Children must remain within sight and hearing of supervising caregiver. Children age 7 and older may walk to/from school or walk to an after-school care program.

c. Children age 10–11 require indirect supervision by a parent/guardian or alternate caregiver. The supervising caregiver should know child's location and activities and the child must have access to an adult caregiver via cellphone or landline. Children may be left unattended for periods not to exceed four hours but cannot be left alone for any period of time during curfew hours.

d. Children age 12–15 require indirect supervision by a parent/guardian or alternate caregiver. Children must have access to an adult caregiver via cellphone or landline. Children may be left unattended for periods not to exceed six hours but cannot be left alone for any period of time during curfew hours.

e. Children age 16–17 cannot be left alone overnight for more than 48 hours. The child must have access to an adult caregiver via cellphone or landline. Sponsors are responsible for safety and conduct of unattended children.

f. High School Students who turn 18 must abide by the curfew requirements outlined in section 9 of this instruction.

g. In all cases when a child or youth is left unattended, a parent/guardian or alternate caregiver must be within the local area. Local area is defined as an area that is no more than four hours away by car.

h. Navy Child and Youth Programs (CYP) Self-Release Form. Enclosure (3) is an example self-release form required by Navy CYP. The self-release form allows

parents or guardians, based on the installation's self-care policy, to authorize self-release privileges for their eligible youth.

7. Vehicle Safety

a. In compliance with reference (d), no child under 6 years of age may be left inside a motor vehicle without being subject to the supervision of a person who is 12 years of age or older.

b. Children, 10 years of age or older, may be left unattended in a vehicle on NASL for short periods of time if the key has been removed and the emergency brake is applied.

c. Temperature, ventilation, circumstances, and maturity should always be considered before leaving children unattended in a vehicle.

d. No child, regardless of age, may be left inside a motor vehicle if unable to exit a vehicle unassisted in the event of an emergency.

8. Child Safety Seats

a. In accordance with reference (e), children under 2 years of age shall ride in a rear-facing car seat unless the child weighs 40 or more pounds or 40 or more inches tall. The child shall be secured in a manner that complies with the height and weight limits specified by the manufacturer of the car seat.

b. Children under the age of 8 must be secured in a car seat or booster in the back seat.

c. In accordance with reference (f), children who are 8 years of age OR have reached 4'9" in height may be secured by a booster seat, but at a minimum must be secured by a safety belt.

d. Passengers who are 16 years of age and over must be secured by a safety belt.

9. Curfew. Minors must be in the immediate area of their residence from 2300 to 0500 local time (grounds under the immediate care of the parents/guardian or alternate caregiver shall be considered as the "immediate area"). If the parent/guardian cannot be contacted after one hour, Child Protective Services will be notified by security.

10. Review Board. In cases of extreme misconduct, the installation Executive Officer will convene a review board consisting of the installation Command Master Chief, the offender's sponsor, the sponsor's Senior Enlisted Advisor/Commanding Officer and a Liberty Military Housing representative. The board will make a recommendation for further action to the installation Commanding Officer.

17 OCT 2022

11. Resources Available. The Fleet and Family Support Center (FFSC) will provide quarterly workshops on parenting and will also offer individual consultations to parents. The FFSC will promote utilization of adequate child care through the following programs:

- a. Child Development Center
- b. Youth Center After School Program
- c. Family Childcare Homes

12. Incident Determination Committee. The Family Advocacy Program will review cases of children left unsupervised on a case by case basis and will make a determination whether the incident meets the definition of child neglect. If so, the family will be assessed and the incident will be reviewed by the incident determination committee for status determination and recommended counseling.

13. Records Management. Records created as a result of this instruction, regardless of media and format, must be managed per SECNAV-M 5210.1 of September 2019.

14. Review and Effective Date. Per OPNAVINST 5215.17A, NASL will review this instruction annually around the anniversary of its effective date to ensure applicability, currency, and consistency with Federal, Department of Defense, Secretary of the Navy, and Navy policy and statutory authority using OPNAV 5215/40 Review of Instruction. This instruction will be in effect for 10 years, unless revised or cancelled in the interim, and will be reissued by the 10 year anniversary date if it is still required, unless it meets one of the exceptions in OPNAVINST 5215.17A, paragraph 9. Otherwise, if the instruction is no longer required, it will be processed for cancellation as soon as the need for cancellation is known following the guidance in OPNAV Manual 5215.1 of May 2016.



DOUGLAS M. PETERSON

Releasibility and Distribution:

This instruction is cleared for public release and is available electronically only via:
Commander, Navy Installations Command (CNIC) Global Community Gateway 2.0 (G2) Web
site: <https://g2.cnic.navy.mil/naslemooreca/sitePages/Home.aspx>

CHILD SUPERVISION AGE MATRIX

Sponsors and Parents are responsible for the welfare and safety of children in the military community. Each child is unique. Personality, environment, developmental progress and maturity level are factors used to determine when children are ready to accomplish activities with little or no supervision. Sponsors and Parents are responsible for making this decision. The following are minimum community standards.

Age of Child	Required Supervision	Left Alone in Quarters	Left Alone Overnight	Outside Unattended	Left in Car Unattended	Care for Other Children
Newborn-6 yrs old	Direct supervision at all times.	NO	NO	NO Must be with adult/caregiver at all times. Children under 7 may NOT walk to and from school without an adult.	NO	NO
7-9 yrs old	Close supervision at all times.	NO	NO	YES Must be within sight and hearing of supervising adult/caregiver at all times. The ONLY exception is walking directly to/from school, or from school for the afterschool program.	NO	NO
10-11 yrs old	This is a transitional time and children are accepting more responsibility; however, they still require indirect supervision. Adult/caregiver should know child's location and activities. Child must know emergency contact. Child must be directly supervised during curfew hours.	YES Up to 4 hours. Must have access to a responsible guardian/adult (cell phone/landline).	NO	YES With direct contact to parent/guardian including periodic check-ins. Parent/guardian must be 30 minutes or less to respond to the child if in crisis. Sponsor is responsible for safety & actions of unattended minors.	YES	NO
12-15 yrs old	Indirect supervision required. Children are approaching the adolescent years when there is need for increased responsibility. The amount of responsibility should be carefully evaluated. Child must be directly supervised during curfew hours.	YES Outside of curfew hours. Must have access to a responsible guardian/adult (cell phone/landline).	NO	YES With direct contact to parent/guardian including periodic check-ins. Parent/guardian must be 30 minutes or less to respond to the child if in crisis. Sponsor is responsible for safety & actions of unattended minors.	Weather permitting	YES Cannot babysit during curfew hours. Babysitter course recommended.
16-17 yrs old	Sponsor is responsible for safety and actions of dependents.	YES	YES No more than 48 hours with access to a responsible adult (cell phone/landline).	YES Sponsor is responsible for safety & actions of unattended minors.	Weather permitting	YES Babysitter course recommended.

NOTE: High School Students who turn 18 must abide by the curfew requirements while onboard NAS Lemoore.

CHECKLIST BEFORE LEAVING CHILDREN (UNDER 18) HOME ALONE

- The child knows parent(s) whereabouts and how to reach them.
- The child knows when parent(s) will return.
- The child knows their full name, address and phone number.
- The child knows how to call emergency services: fire, police and ambulance.
- The child has a working landline or cell phone in the home.
- The child knows the full name and contact information of at least two trusted adults in case of emergency.
- The child knows two escape routes from their home.
- The child knows safe procedures for answering the door/telephone.
- The child has water and food available.
- The child has access to a first aid kit in the home.
- The child knows what to do in cases of minor injury (cuts and scratches).
- The child is aware of safety rules (e.g., matches, sharp objects, electrical outlets, appliances).
- The child does not have access to medications, alcohol, tobacco or car keys.
- The child feels safe and unafraid when home alone.
- The child is aware of house rules (e.g., having friends over, responsibilities, acceptable and unacceptable activities).

NAVY CYP

SELF-RELEASE FORM—CNICCYP 1700/54

OPNAVINST 1700.9 (series)

Child and Youth Programs

Self-release allows youth to sign themselves in and out of the Navy Child and Youth Programs (CYPs) consistent with the command's "self-care policy." Annually, parents/guardians of registered youth must provide CYP with written authorization of their eligible youth's self-release from care and/or recreational activity.

Authorization for Self-Release

My youth meets the command's self-care policy requirement and **has my permission** to sign in/out of the CYP. If my youth is not signed in to the program, I fully understand that the CYP staff will not be responsible for my youth's care.

Hold Harmless Release: I agree to release and hold harmless the United States, its officers, its agents, and its instrumentalities against any claims, demands, actions, debts, liabilities, judgments, costs, or attorney's fees arising out of, claimed on account of, or in any manner predicated upon his/her participation in any Navy MWR/CYP activity, use of facilities and/or equipment including any loss or damage to property, any injury or death of any person, in any manner caused or contributed to by the United States, its officers, its agents, or its instrumentalities except in cases of gross negligence.

Name of Youth: _____

Name of Parent/Guardian (Please Print) Signature of Parent/Guardian Date

Name of CYP Representative (Please Print) Signature of CYP Representative Date